



Adult Programs

Spring 2019

Village Library of Wrightstown

**Most programs require registration at www.buckslib.org

Chair Yoga**

Mondays, 9:00 – 10:00 a.m.

Wrightstown's Innovative Adult programming expands with Chair Yoga led by Yogi, Erica Pugh, from Blossom Yoga. Participation is free, however, donations are welcome to offset costs and allow us to continue and expand such affordable programming. Space is limited, please register on-line.

Adult Exercise

Tuesdays, 9:00 – 10:00 a.m.

Come join us with your own hand weights for an open, community led exercise group in our Community Room

~~YOGA for BEGINNERS~~ **

Saturday March 2, 10:00 – 11:00 a.m.

In a one-hour session you will learn simple but powerful yoga postures to balance and stabilize your system. No prior experience necessary. Please register on-line at www.buckslib.org.

Princess Diana- portrayal @ the Library

Monday March 18, 7:00-8:00 p.m.

Victorian Vanities brings history to life with an hour-long portrayal and interaction with the beloved princess.

Mindfulness Meditation —Tues. March 12 & 26, April 9; Thurs. March 21 & April 4, 7- 8 p.m.

An educator trained at Jefferson University Mindfulness Institute proudly offer five free sessions of Mindfulness Meditation which will explore instruction, dialogue, and practice that will allow participants to apply mindfulness to their daily lives. Mindfulness is the ability to pay attention moment to moment in our lives without judgment. It is a kind, gentle, non-directive approach which allows us to better deal with the stressors and pressures in our everyday world.

Master Gardener Series - Vegetable Gardening Saturday April 13, 2:00-3:00 p.m.

The Bucks County Master Gardener Volunteers are knowledgeable and enjoy sharing research-based information about home gardening subjects with Bucks County residents.

BOOK SALE

Sat. May 4 (9-5), Sun. May 5 (1-5), Thu. May 9 (3-9)

Support your Library and get good reads for bargain prices at the same time.

Saturday.... Used books will be on sale \$.50 for paperback and \$1.00 for hardcover books

(*with the exception of some special priced books which are individually priced)

Sunday only...\$5 a bag book sale and 25% off our specially priced books.

Thursday only... \$3 a bag book sale and 25% off specially priced books.

Poor Mouth Musical Performance Thursday EVENING – May 16, 7:00-8:00 p.m.

Olde timey Appalachian Mountain Music comprised of banjo, fiddle, and guitar. Enjoy a family evening musical activity for all ages in our courtyard, weather permitting, otherwise, inside our community room. RAIN or Shine.

23 Wonders of Bucks County by CARL LAVO** Monday, June 10, 7:00-8:30 p.m.

Come learn about the 23 Wonders of Bucks County. Come explore local history with a renowned, local historian, columnist, and community stalwart, Carl LaVo. His interactive presentations have entertained thousands and no two are ever the same as you are part of the exploration.

** Register on-line at buckslib.org to reserve your space, receive updates, and allowing us to properly plan for all

Family Movies by Moonlight Double feature at 6:00 p.m. & 8:00 p.m.

\$1 Refreshments. Appeals to all ages. Visit the website and Facebook page for updates.